

Lilly the Lash

Girl Scout Patch Program - Option 3

"Irre Wrist Ible!!"

Age Level:
Cadettes

Group Size:
1 to 50



Materials:

The Garden Gathering book by Julie Woik
Rub and Roll Report (included)

Beading supplies: Word beads and kits can be found at Michael's Craft Store
(Beading kit broke into 10 girls brings the cost to about \$3.00 - \$4.00 each)

Crimping tool for closing the clasps

Someone who can show everyone how to bead

* Don't know how to bead? Check your area for beading workshops. In Sarasota, at *Everything But The Girl* boutique, you can bring your own beads or choose from their selection. While creating your bracelet, you can learn how to turn beading into a business. It's a great girl's night out!

Discover:

Read The Garden Gathering together as a group. Discuss the power of thinking positively and the importance of recognizing our positive traits. Discover the affect you can have on someone who needs a bit of encouragement or a good pat on the back.

Connect:

- Troop leader will get beading supplies and break them up into groups according to the amount of girls.
- Each Girl Scout will make a bracelet using at least one positive word (you can use several words if you like).

Take Action:

At least one time in the next week, while wearing your new bracelet, rub the positive word (or one of the words) you chose, and find an opportunity to use that word to make someone feel better about themselves. Afterwards, fill out the Rub and Roll Report, journaling how this experience affected both you and the person you approached. Bring your report to share with the group at the next meeting. Continue to use positive thoughts and words for yourself and others!